

NCTSN

The National Child  
Traumatic Stress Network

# Back to School Resources

## for School Personnel

Sponsored by the NCTSN Schools Committee



As the school year begins, we would like to offer all school personnel (including educators, administrators, counselors and support staff) the opportunity to use our many resources for schools!

Our resources were created to highlight issues related to trauma, to explain how trauma can affect children and adolescents, and to help schools support students and families who have been impacted by trauma. The materials range from basic informational fact sheets to webinars describing interventions for trauma in schools. They cover a variety of trauma types, are applicable for youth from the preschool to high school years, and many are available in both English and Spanish.

Our resources are easily accessible at the [NCTSN website](http://www.NCTSN.org) and the [NCTSN Learning Center for Child and Adolescent Trauma](http://www.NCTSN.org)

These resources are free and can be downloaded at any time!

## Printed Materials are available for download at [www.nctsn.org](http://www.nctsn.org)

- Brief Information on Childhood Traumatic Grief for Educators
- Checklist for School Personnel to Evaluate and Implement the Mental Health Component of Your School Crisis and Emergency Plan
- Child Sexual Abuse Fact Sheet For Parents, Teachers, and Other Caregivers
- Child Trauma Toolkit for Educators
- Child Trauma Toolkit for Educators - Spanish version
- Childhood Traumatic Grief Educational Materials - For School Personnel
- Children of War: A Video for Educators - Resource Guide
- Coping in Hard Times: Fact Sheet for School Staff
- Guidance for School Personnel: Students Who had a Loved One Die in The Earthquake
- Teacher Guidelines for Helping Students after an Earthquake
- Teacher Guidelines for Helping Students after a Hurricane
- Teacher Guidelines for Helping Students after a Tornado
- Psychological and Behavioral Impact of Trauma: Preschool Children
- Psychological and Behavioral Impact of Trauma: Elementary School Students
- Psychological and Behavioral Impact of Trauma: Middle School Students
- Psychological and Behavioral Impact of Trauma: High School Students
- Psychological First Aid for Schools
- Responding to a School Crisis
- Self Care for Educators: Dealing with Secondary Traumatic Stress
- Service Systems Brief (vol 1, no 1): Creating Trauma-Informed Child-Serving Systems
- Trauma Facts for Educators
- Trauma Information Pamphlet for Teachers
- Traumatic Grief in Military Children: Information for Educators



## Webinars are available on the NCTSN Learning Center for Child and Adolescent Trauma at <http://learn.nctsn.org>

### Special Topics

- Child Trauma Toolkit for Educators Webinars

### Schools and Trauma Speaker Series

- Engaging Schools: Developing School/Mental Health Partnerships
- Sticks and Stones Will Break My Bones, (and) Words CAN Hurt Me: A Trauma-Informed Understanding of Bullying
- Sudden Death on a School Campus: Impact and Response
- Integrating Evidence-Based Practice in School Interventions
- Trauma-Informed IEPs: Differential Diagnosis and Trauma-informed Assessment in Schools

### Child Traumatic Grief Speaker Series

- Schools and Grief: Helping Students Cope with Death

### Service System Speaker Series

- Invisible Wounds: The Impact of Community Violence on Children and Youth in Schools

### Child Sexual Abuse Speaker Series

- Understanding Child Sexual Abuse and Coping within the School Setting : Lessons from the film, “Precious”

### Terrorism and Disaster Speaker Series

- Response & Recovery after School Violence

### September 11th Anniversary Speaker Series

- Preparing Our Children for Emergencies

## Videos

- Children of War Video: A video for educators
- Responding to Crisis in the Aftermath of Disasters  
DVD Video: Classroom Intervention



## Other Resources

- Students and Trauma DVD (must be ordered)
- CBITS On-Line
- What Teachers Can Do to Help Their Students and Themselves – NCTSN Terrorism and Disaster Web pages  
<http://www.nctsn.org/trauma-types/natural-disasters/fires/residential-fires#q6>  
<http://www.nctsn.org/trauma-types/natural-disasters/earthquakes#tabset-tab-5>  
<http://www.nctsn.org/trauma-types/natural-disasters/floods>  
<http://www.nctsn.org/trauma-types/natural-disasters/hurricanes>  
<http://www.nctsn.org/trauma-types/natural-disasters/tornadoes#tabset-tab-5>  
<http://www.nctsn.org/trauma-types/natural-disasters/tsunamis#tabset-tab-5>