Sample Collaborative Goals and Associated Metrics

Assessment

- **General Goal:** Children referred for psychotherapy are screened for referral to TF-CBT using a protocol that incorporates standardized assessments.

- **Specific Measurable Goal:** By December 2007, 80% of all children age 7 or older who are referred for psychotherapy will be screened for referral to Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) using the trauma screen from the NCTSN Core Data Set and the UCLA PTSD-RI.

- **Sample Metric:** Percentage of children age 7 or older who had a psychotherapy intake during the past month and who were screened for TF-CBT using the NCTSN trauma screen and UCLA PTSD-RI, as documented in the case record. (Case record should indicate use of these assessments and referral decision.)

Fidelity

- **General Goal:** Clinicians who provide TF-CBT will implement the model with adequate fidelity.

- **Specific Measurable Goal:** By December 2007, clinicians providing TF-CBT will consistently administer all TF-CBT PRACTICE Components unless clinically contraindicated or circumstances preclude (e.g., no caregiver involvement in treatment is possible).

- **Sample Metric:** Percentage of clinicians currently providing TF-CBT who “Almost Always” administered all TF-CBT PRACTICE Components, based on the supervisor report. (A comparable metric could be developed from documentation in the client record or case management system.)

Training

- **General Goal:** Agency staff who provide psychotherapy to traumatized children receive basic training in TF-CBT

- **Specific Measurable Goal:** By December 2007, 90% of agency staff who provide psychotherapy to traumatized children will have attended an in-person basic training in TF-CBT or have completed the on-line TF-CBT training (TF-CBTWeb).

- **Sample Metric:** Percentage of staff providing psychotherapy to traumatized children who have completed basic training in TF-CBT (i.e., attended an in-person training or completed TF-CBTWeb) as documented in their personnel file.

Supervision

- **General Goal:** Clinicians who provide TF-CBT receive ongoing supervision in the model.

- **Specific Measurable Goal:** By December 2007, clinicians who are currently providing TF-CBT will receive a minimum of two hours of supervision in TF-CBT per month. Group supervision, individual supervision, or expert consultation can be used to fulfill this requirement.

- **Sample Metric:** Percentage of clinicians with an open TF-CBT case who reported receiving at least two hours of supervision in TF-CBT during the past month.